# **The Good Life**

# Psalm 34 ++ January 29, 2017 (Bruce Naugle)

**-Class in session***…bell has rung*

**Class Description**: Examine the Good Life in 5 fundamental lessons

**Class Instructor**: David, the man after God’s own heart

**Class Objectives**: Master the fundamental lessons of the Good Life

**#1: The Good life flows from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the fear of the Lord**

Come…I will teach you the fear of the Lord (11)

The “*fear of the Lord*” is learning to **trust** and **obey** God

**#2: Trust is expressed as I consistently offer heartfelt \_\_\_\_\_\_\_\_\_\_**

His praise will always be on my lips (1)

**#3: Trust is expressed as I humbly seek God’s help in \_\_\_\_\_\_\_\_\_\_\_**

I sought the Lord… (4)

**#4: Obedience is expressed as I walk toward \_\_\_\_\_\_\_\_\_\_\_**

Keep your tongue from evil… (13)

**#4: Obedience is expressed as I focus on \_\_\_\_\_\_\_\_\_\_\_**

Seek peace and pursue it. (14)

**-Class dismissed**…*go live the Good Life*

***The Good Life is only possible because God is good!***

**Discussion Questions for Small Groups** or personal study

Psalm 34 Week of Jan 29, 2017 *(week 3 of 10)*

1. What is one of your best (or worst) memories from when you were in school?

2. Read **Psalm 34:8-14**. What does David mean by inviting his readers to “taste and see that the Lord is good”?

 What other words and phrases help to explain what it means to “fear the Lord”?

 Read **Deuteronomy 6:24**. The author equates obedience with fear of the Lord; what does he say are the results of this obedience (fear)?

 Read **Proverbs 1:7**. What does this add to your understanding of what it means to “fear the Lord”?

3. Read **Psalm 34:1-7**. What words does David use to describe his *feelings* and *actions* toward God?

 What benefits are listed for those who seek the Lord and his help?

 Read **Philippians 4:6,7**. What promise is made here for those who seek God’s help through prayer?

4. What attitudes and actions does David call for in vv. 13 & 14?

 How could our disobedience in these areas interfere with the good that God wants to do for us?

5. Read **Psalm 34:15-22.** How do these verses make it clear that “the good life” God promises does not mean freedom from difficulty?

 What does it mean to be “delivered out of all their troubles (v. 17,19)?

 Read **Philippians 4:12,13**. How does Paul’s example demonstrate that “living the good life” does not depend on our circumstances?

6. What is one idea that you find most encouraging or helpful from Sunday’s message or from Psalm 34?

As your group prays, ask God to help you focus on and trust in his goodness even in difficult circumstances you may be facing.

Requests:

***In any and every circumstance, I have learned the secret***

***of facing plenty and hunger, abundance and need.***

***I can do all things through him who strengthens me.***

Philippians 4:12,13 (ESV)

Messages and expanded Discussion Sheets are online at: **LivingHope.like.to**